In the 3rd Luminous Mystery, we read and we meditate undisturbed:

A SYSTEMATIC CARD for the
METHOD of PRAYER-ADP-VV
(Compiled by the Little Friars and Nuns of Jesus and Mary)

(H 10 - Sr. V.M.D.)

"The Announcement of the Kingdom of God"...

FROM THE GOSPEL ACCORDING TO - MATTHEW -:

"As you go, make this proclamation: 'The kingdom of heaven is at hand.' Cure the sick, raise the dead, cleanse lepers, drive out demons. Without cost you have received; without cost you are to give."

 $(Matthew \ 10:7-8)^{I}$

MEDITATION ON THE MYSTERY:

Who have we visited today? That is to say, what have we done or tried to do today in order to do good to our neighbors in need, to be able to announce the Kingdom of God to them ever more fully? (cf. *SLC*, p. 86)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to how to announce the Word of God every day to the whole world, St. John Paul II says: "The Internet causes billions of images to appear on millions of computer monitors around the planet. From this galaxy of sight and sound will the face of Christ emerge and the voice of Christ be heard? For it is only when his face is seen and his voice heard that the world will know the glad tidings of our redemption." (JOHN PAUL II, Message, 12 May 2002, n. 6)

¹NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

- •
-

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, Aveeeee, Ave Maria"

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...